



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			9:15-10:00am Music Together® Mixed Age Paige	9:00-9:45am Music Together® Mixed Age Heather	9:00-9:45am Music Together® Mixed Ages Kelly	
9:45-10:30am Music Together® Mixed Age Kelly	10:00-10:45am Music Together® Mixed Age Paige	9:30-10:15am Music Together® Mixed age Kelly	10:15-11:00am Music Together® Mixed Age Paige	10:00-10:45am Music Together® Mixed Age Heather	10:00-10:45am Music Together® Mixed Age Kelly	9:00-9:45am Ballet/Jazz Level 1 (age 4-5) Paige
10:45-11:30am Music Together® Mixed Age Heather	11:00-11:45am Ballet/Jazz (Age 3-4) Paige	10:30-11:15am Music Together® Mixed Age Heather	11:15-12:15pm Work Out with Me Postnatal Kelly	11:15-12:00pm Music Together® Mixed Age Heather	11:00-11:45am Music Together® Mixed Age Paige	10:00-10:45am Ballet/Jazz (Age 3-4) Paige
12:15-1:00pm Music Together® Mixed Age Kelly	12:00-12:45pm Music Together® Mixed Age Paige			12:15-1:15pm Stretch with Me! Heather	12:15-1:00pm Music Together® Mixed Age Kelly	11:00-12:00pm FAMILY Conditioning Paige
1:30-2:30pm Move With Me Heather		1:00-2:00pm Older Adult Zumba® Gold Heather		1:30-2:30pm Work Out with Me Postnatal Heather		12:30-1:15pm Music Together® Mixed Age Heather
						1:45-2:45pm Stretch Heather
		2:30-3:15pm Music Together® Mixed Age Heather				3:00-4:00pm Experienced Adult Dance Heather
3:45-4:30pm Music Together® Mixed Age Heather		3:45-4:30pm Music Together® Mixed Age Heather				4:15-5:15pm Beginner Adult Dance Heather
4:45 - 5:30pm Music Together® Mixed Age Heather	4:45 - 5:30pm Music Together® Mixed Age Kelly	5:00-5:45pm Ballet/Jazz (Age 3-4) Paige	5:00-5:45pm Ballet/Jazz Level 1 (age 4-5) Paige	5:00-5:45pm Hip Hop (Age 5-7) Lauren		
6:00-6:45pm Music Together® Mixed Age Kelly	6:00-7:00pm Prenatal Work out with Me Kelly	6:00-6:45pm Ballet/Jazz Level 2 (Age 6-7) Paige	6:00-6:45pm Music Together® Mixed Age Kelly	6:00-6:45pm Hip Hop (Age 8-10) Lauren		
7:00-8:00pm Zumba® Toning Kelly	7:15-8:15pm Zumba® Kelly	7:00-8:00pm Ballet/Jazz Level 3 (8-10 yrs) Paige	7:00-8:00pm POUND® Kelly/Paige	7:00-7:45pm Hip Hop (Age 11-14) Lauren		
8:15-9:15pm Conditioning Kelly	8:30-9:30pm POUND® Kelly/Paige	8:30-9:30pm Conditioning Paige	8:15-9:15pm Conditioning Kelly			

14 WEEK SESSION

Mar. 25- June 30 2019

Market Mall
2325 Preston Ave



We Move

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